

# washington teen link

A PROGRAM OF

 crisis  
connections

**ENGLISH  
& SPANISH**

**where to  
turn for teens**

**2024-2025**

TEEN LINK HELP LINE  
**866-833-6546**

→ **call and text 6-10pm**  
chat online  
[teenlink.org/chat](https://teenlink.org/chat)

**Search  
Trusted Youth  
Resources**



**NICE**

**Find Help!**

- FOOD
- LEGAL
- GRIEF + LOSS
- HYGIENE
- ALCOHOL + DRUG USE
- MENTAL HEALTH
- LGBTQIA+
- DATING DOMESTIC VIOLENCE
- ABUSE + MISTREATMENT
- BULLYING
- EMPLOYMENT
- EDUCATION
- PHYSICAL/SEXUAL HEALTH
- REC ACTIVITIES
- SHELTER
- CULTURAL AGENCIES
- VOLUNTEER
- COMMUNITY SUPPORT

**SLAY**

**hi!**

