Need help but don't know where to turn?

Dial 211 to find social services such as:

- **Caregiver & Disability Resources**
- **Housing & Shelter Information**
- **Rent & Utility Assistance**
- **Health & Dental Care**
- **Food & Clothing**
- **Legal Help**

211

Free information and referrals to community resources

Dial **211** or TTY **711** | Email or Chat: **211kingcounty.org**

Text: Text your zip code to **898211**

crisisconnections.org/211

crisis connections