

# HOT MEALS

## **All Pilgrims Church | 206-972-2524**

509 10th Ave East, Seattle

M-F: 12-1pm

Serves hot meals in front of All Pilgrims Christian Church.

## **Ballard Food Bank | 206-789-7800**

1400 Leary Way NW, Seattle

M: 10am-3pm; W: 10am-1:30pm; Tu Th: 10am-6pm.

Provides a hot, nutritious meal twice per month.

## **Bethany Community Church | 206-524-9000**

1147 N 81st St, Seattle

2nd and Last M: 6-7pm

Provides a hot, nutritious meal twice per month.

## **Bethany Presbyterian Church | 206-284-2222**

1818 Queen Anne Ave N, Seattle, 98109

W, 5-6:30pm.

No service last week of Dec.

No services for the month of August.

Provides coffee, hot chocolate, and snacks followed by a homemade meal once a week. Optional bible study available.

## **Blessed Sacrament Church | Visit**

5050 8th Ave NE, Seattle

Su: 12-2pm

Offers a weekly meal for anyone in need.

## **Cathedral Kitchen | 206-264-2091**

910 Columbia St, Seattle

M-F: 4-4:45pm; Su: 7-8am

Provides a free meal to anyone in need.

## **Central Area Senior Center | 206-726-4926**

500 30th Ave S, Seattle

**Hot Meal Program** M-F: 12-1pm

Serves a hot meal five days a week for adults 60 and older. \$5 fee per meal.

## **Chief Seattle Club | 206-715-7536**

410 2nd Ave Extension S, Seattle

**Daily** Breakfast: 8-9:30am; Lunch: 12-1pm

Serves American Indian & Alaskan Natives, ages 18 and older; no children.

## **Edible Hope Meal Program | 206-784-3119**

5710 22nd Ave NW, Seattle

M-F: 8-10am

Provides breakfast for anyone in need.

## **Elizabeth Gregory Home | 206-729-0262**

1604 NE 50th St, Seattle

Su-F: Breakfast: 9am; Lunch: 12pm

Provides meals to women ages 18 and older without children.

## **First United Methodist Church | 206-622-7278**

180 Denny Way, Seattle

Su: 7:30-9am

Serves a community breakfast for anyone in need.

## **First Covenant Church | 206-322-7411**

400 E Pike St, Seattle, 98122

S: 9-10am.

Provides free breakfast on Saturdays for anyone in need.

## **Greenwood Senior Center | 206-783-2244**

525 N 85th St, Seattle

Lunch: M-F: 12pm

Dinner: M: 4-6pm

Provides free hot meals for anyone in need.

Serves all ages.

## **Immanuel Community Service | 206-622-1930**

1215 Thomas St, Seattle

Last Su of Month: 12-2pm

Provides a free lunch once a month to anyone in need.

## **Lambert House LGBTQ Youth Community Center | 206-322-2515**

1229 10th Ave E, Seattle, 98102

Drop-in: M-F: 4-9:30pm. Dinner: M-F: 6pm. Case

management: W: 6:30-8:30pm.

Provides clothing, toiletries, hygiene supplies, an evening dinner for LGBTQ youth ages 10-22. Also offers case management, a daily social space and discussion groups.

## **New Horizons Ministries | 206-374-0866**

2709 3rd Ave, Seattle

**M-Th** Lunch: 3pm; Dinner: 7pm

Serves youth and young adults ages 25 and younger.

ID required.

## **Seattle Indian Center | 206-329-8700**

1265 S Main St, Suite 105, Seattle

**M-F:** 9:30-11am; 12-11:15pm

Serves anyone in need.

## **St. Luke's Episcopal Church | 206-784-3119**

6512 12th Ave NW, Seattle, 98117

M-F, 8-10am.

Provides light breakfast for anyone in need. Bags of food are distributed when available.

## **Youth Care's - Orion Center | 206-622-5555**

1828 Yale Ave, Seattle

**Meals** M-F: 10-10:45am, 12:15-1pm, and 5-5:45pm

Serves homeless, runaway, and street involved youth and young adults ages 12-24.

## **YWCA Angeline's Center | 206-436-8650**

2030 3rd Ave, Seattle

**Meal** M-F: 12pm

**Drop-In Center** M-F: 10am-4pm

Offers free meals daily for women without children.

### **Helpful tips for using this brochure :**

- **Call before you go**  
Call to confirm times, services, and requirements
- **Brochures are updated every three months**  
Download updated versions:  
[crisisconnections.org](http://crisisconnections.org)

# Seattle

# Food Resources

## 2nd Quarter 2026

# 211

Brochures updated quarterly at  
[crisisconnections.org](http://crisisconnections.org)

 **crisis connections**

# FOOD BANKS

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

## CENTRAL/DOWNTOWN

Between Lake Union/Ship Canal & I-90/West Seattle Bridge

### Asian Counseling & RS | 206-292-5714

800 S Weller St, Tsue Chong Bldg  
W, F: 10am-1pm

Provides culturally specific Asian-Pacific emergency food.

### Byrd Barr Place | 206-812-4970

722 18th Ave  
Tu: 11am-4pm; W: 12-4pm; Th: 10am-2pm  
Serves Seattle residents. May visit weekly.

### Chicken Soup Brigade | 206-957-1686

210 S Lucile St  
M-F: 8:30am-5pm  
Provides delivery service for homebound people.  
Call to register.

### SoDo Community Market | 206-625-0755

1915 4th Ave S  
M: 1:30-7:30pm; W, F: 8am-2pm  
Provides for anyone in need. May visit daily.

### Food Bank at St. Mary's | 206-338-7215

611 20th Ave S  
M, W, F: 10am-1pm  
Onsite pick-up. Bring your own bags/boxes.

### Immanuel Community Services | 206-622-1930

1215 Thomas St  
M: 10am-1pm  
Provides for anyone in need. May visit daily.

### Pike Market Food Bank | 206-626-6462

1531 Western Ave, Parking Garage 5th Floor  
Tu, Th: 12-3pm; W: 3-7pm  
Provides groceries to downtown residents weekly. Serves homeless clients as well.

### Polack Food Bank | 206-461-3240

Jewish Family Service, 1601 16th Ave  
W, F: 10am-12pm; Th: 2-4pm  
Operates a food bank for anyone in need.

### Puget Sound Labor Agency | 206-448-9277

5300 4th Ave S  
M, W: 10am-1pm – except holidays  
Serves union members and residents of Zip codes: 98101, 98109, 98111, 98121, 98134, and 98199.

### YWCA Central Food Bank | 206-946-2795

2820 E Cherry St  
YWCA Clients: W: 12-1pm  
General Public: W: 1-3pm  
Available for residents of central Seattle.

## NORTH

North of Lake Union/Ship Canal

### Akin's North Seattle Family Resource Center | 206-364-7930

12360 Lake City Way NE Seattle, 98125  
M, Tu, Th, 9am-5pm; Wed 10:30am-5pm; F, 9am-3pm  
Closed daily for lunch from 12:30-1:15pm  
Provides food, baby supplies, and clothing for families, along with application assistance, healthcare enrollment, ORCA LIFT cards, and language support.

### Ballard Food Bank | 206-789-7800

1400 Leary Way NW  
M: 10am-3:45pm; T, Th: 10am-6:45pm; W: 10am-1:45pm  
Food pantry and baby cupboard for Seattle residents.

### Bethany Community Church | 206-524-9000

1147 N 81st St  
M: 6-7pm  
Offers both self-select and pre-packaged bags for anyone in need.

### Blessed Sacrament Church | Visit

5050 8th Ave NE  
F: 10:30am-12pm  
Provides food bags for anyone living within parish boundaries.

### FamilyWorks Services | 206-647-1780

1501 N 45th St  
Tu: 12-2pm; Th: 3-6pm; F: 11am-1pm  
Provides commodities and baby food.

### Greenwood Food Bank | 206-783-1225

9501 Greenwood Ave N  
M-F: 9am-4:30pm  
Provides food twice a week for anyone.

### North Helpline Bitter Lake | 206-367-3477

13000 Linden Ave N  
Sa: 9am-1:45pm  
Serves homeless and North King County residents.

### North Helpline Lake City | 206-367-3477

12736 33rd Ave NE  
W, Sa: 9am-1:45pm; Th: 4-6:45pm  
Operates a food pantry that provides a variety of items. Open to anyone.

### Phinney Ridge Lutheran Church | Visit

7500 Greenwood Ave  
Tu: 1:15-3pm; W: 6:15-8pm  
Offers a food box for those in need. Visit in person.

### Queen Anne Food Bank | 206-216-4102

232 Warren Ave N, Suite B  
Th: 1-2:30pm  
Operates a food pantry once a week.

### University Dist. Food Bank | 206-523-7060

5017 Roosevelt Way NE  
M: 9am-3pm; Tu, Th: 11am-7pm; F: 11am-4pm  
Provides food for NE Seattle residents.

## SOUTH/WEST

South of I-5/West Seattle Bridge

### Center for Active Living | 206-932-4044

4217 Southwest Oregon Street Seattle, 98116  
T, 9-9:30am.  
Operates a food pantry open to all. Non-perishable food donations always welcomed. Bring your own bags, none supplied.

### El Centro de la Raza | 206-973-4401

2524 16th Ave S  
W: 2-3pm; Th, F: 10am-12pm, 2:30pm-4pm  
Wednesdays are for seniors and mobility limited individuals.  
Operates a food pantry for anyone in need.

### Filipino Community of Seattle | 206-722-9372

5740 MLK Jr Way S  
M-F: 9am-5pm  
Operates a food pantry for anyone in need. Delivery available for seniors.

### Paradise of Praise | 206-768-2745

1316 SW Holden St  
Tu: 10am-12pm  
May occasionally have formula, diapers, and hygiene items available. No geographic restrictions.

### Providence Regina House | 206-763-9204

8201 10th Ave S  
Th: 12:30-2pm; Sa: 9am-12pm  
Baby Cupboard is open 1st Saturday of each month.

### St. Vincent de Paul | 206-767-9975

5972 4th Ave S  
T, Th, F: 11am-2pm  
Operates a food pantry for anyone in need.

### West Seattle Food Bank | 206-932-9023

3419 SW Morgan St  
Tu, Th, F: 10am-2pm; W: 12-7pm  
Assistance provided once per week.

### White Center Food Bank | 206-762-2848

10016 16th Ave SW  
M: 12-3:30pm; W, F: 10am-2pm;  
**Seniors Only** Th: 10am-2pm

## FOOD BENEFITS

### Washington 211 Basic Food | Dial 211

M-F: 9am-5pm  
Offers screening and application assistance with a Basic Food Specialist. Call for more information.

### Within Reach | 888-436-6392

M-Th: 8am-5:30pm; F: 8am-5pm  
Offers a toll-free phone line with screening and application assistance for Basic Food and WIC nutrition programs.