

# MEDICAL

## Country Doctor Health Centers

**Carolyn Downs Center | 206-299-1900**  
2101 E Yesler Way, Suite 150, Seattle  
M, Th, F: 9am-5pm; Tu, W: 9am-8:30pm  
**Call for appointment.**

**After-Hours Clinic | 206-709-7199**  
2101 E Yesler Way, Suite 150, Seattle  
M-F: 6pm-9pm; Sa, Su: 11am-5pm  
After-hours care for acute conditions with a sliding fee scale based on income.

**Community Clinic | 206-299-1600**  
500 19th Ave E, Seattle  
M, Th, F: 9am-5pm; Tu, W: 9am-8:30pm  
**Call for appointment.**

## Harborview Medical Center

**Pioneer Square Clinic | 206-744-1500**  
206 3rd Ave S, Seattle  
Tu, Th, F: 8:05am-4pm; W: 9am-4pm  
Provides primary health care for ages 18+.

**Third Avenue Center | 206-521-1231**  
2028 3rd Ave, Seattle  
M-F: 8am-4pm; W, 1st Appt: 9:15am  
Same day clinic provides general care.

## Harborview Medical Center's Hobson Clinic | 206-206-441-3043

2120 S Plum St, Suite B, Seattle  
M, Tu, Th: 8:15am-4pm; W: 9am-4pm  
Provides primary health care for adults, including treatment of acute health problems, social services, dietician consultations and health education.

## International Community Health

**Holly Park Clinic | 206-788-3500**  
3815 S Othello St, Seattle  
M-Sa: 8am-5pm  
Call for appointment.

**International District Clinic | 206-788-3700**  
720 8th Ave S, Seattle  
M-Sa: 8am-5pm; **Call for appointment.**  
Enhanced language support for limited or non-English speaking patients.

## NeighborCare Health

**45th Street Clinic | 206-633-7650**  
1629 N 45th St, Seattle  
W: 6-9pm  
**Call for appointment.**

**Ballard Clinic | 206-548-5710**  
1753 NW 56th St, Suite 200, Seattle  
M-Th: 9am-4:30pm

## Lahai Health-Haller Lake | 206 363-4105x230

2152 N 122nd St, Seattle  
M: 4pm-8pm; F: 9am-1pm  
\$10 donation requested, not mandatory.

## Sea Mar Health Centers

**Seattle Clinic | 206-762-3730**  
8720 14th Ave S, Seattle  
M-Sa: 8am-5pm

**White Center Clinic | 206-965-1000**  
9650 15th Ave SW, Suite 100, Seattle  
M-F: 8am-5pm

## EYE CARE

### International Community Health | 206-788-3505

720 8th Ave S, Seattle  
M, Tu, Th: 9am-5pm; W: 9am-1pm  
Operates a vision clinic for adults and children. Call to set an appointment.

### UpLift Northwest | 206-686-2759

2515 Western Ave, Seattle  
M-F: 9am-3pm  
Leave a voicemail to schedule appointment. Provides exams and glasses for Medicaid clients or those who have no vision insurance.

### Harborview Medical Center's Eye Clinic | 06-744-2020

325 9th Ave, Seattle, 98104  
M-F, 8am-4:30pm.  
Offers eye exams, emergency eye care, diagnosis and treatment of rare eye diseases, eye surgery and referral for low vision aids. Tests appropriate visual aids on patient. Operates a separate optical shop with eye exams, glasses and glasses repair.

### The Lighthouse for the Blind, Inc. Seattle | 206-436-2228

2501 S Plum St, Seattle, 98144  
Store: M-F, 9am-3:30pm, walk-ins welcome.  
Clinic: M-Th, 8am-4pm, by appointment only.  
Rehabilitation: M-F, 8am-4pm, by appointment only.  
Offers services for the Low Vision Community in the Puget Sound region. Services include Low Vision Rehabilitation Services, Lighthouse Low Vision Clinic, and Lighthouse Low Vision Store.

## MOBILE DENTAL

### Mobile Dental Van | Visit Website

[www.medicalteams.org/mobiledental](http://www.medicalteams.org/mobiledental)  
Free or low cost dental care for low-income adults and children without insurance.

## DENTAL REFERRAL

### DENTISTLINK | 844-888-5465

[www.dentistlink.org](http://www.dentistlink.org)  
Call M-F: 8am-5pm

# Seattle

# Health Services

## 2nd Quarter 2026



211

Brochures updated quarterly at  
[crisisconnections.org](http://crisisconnections.org)



crisis  
connections

# DENTAL

## Seattle Indian Health Board | 206-324-9360

611 12th Ave S, Seattle  
M-F: 8:30am-6pm | **Call for an appointment**  
Serves American Indian and Alaska Native communities only.

## UW School of Dentistry

### Dental Student Clinic | 206-616-6996

1959 NE Pacific St, Room B-307, Seattle  
M-F: 8am-5pm  
Dental services performed by students under the direct supervision by faculty of the School of Dentistry.

### Urgent Care Clinic | 206-543-5850

1959 NE Pacific St, Room B-307, Seattle  
M-F: 8:30am-12pm; 1:30pm-4:30pm  
Provides urgent care dental services for patients who need immediate care.

## International Health Services

### Holly Park Clinic | 206-788-3502

3815 S Othello St, Seattle  
M-F: 8am-6pm; 2nd Sa: 8am-6pm

### International District Clinic | 206-788-3757

720 8th Ave S, Seattle  
M-F: 8am-6pm; 1st Sa: 8am-6pm

## NeighborCare Health

Sites may focus on serving children under 18 and their parents, unless otherwise noted.

### 45th Street Clinic | 206-548-2964

1629 N 45th St, Seattle  
M-F: 6:45am-5:30pm; 1st & 3rd W:  
9:30am-5:30pm

### Georgetown Clinic | 206-461-6943

6200 13th Ave S, Seattle  
M-F: 7:15am-6pm

### High Point Clinic | 206-461-6966

6020 35th Ave SW, Seattle  
M-F: 6:45am-5:30pm

### Pacific Tower Clinic | 206-548-5850

1200 12th Ave S, Suite 401, Seattle  
M-F: 7am-6pm

### Rainier Beach Clinic | 206-461-6981

9245 Rainier Ave S, Seattle  
M-F: 6:45am-5:30pm; 1st W: Closed  
8am-9:30am

### Meridian Clinic | 206-548-5710

10521 Meridian Ave N, Seattle, 98133  
Phone: M-F, 8am-5pm. 1st & 3rd W, 9am-5 pm.  
Clinic: M-F, 7:15am-6pm; 1st & 3rd Wed closed  
8-9 am; Sa, 8am-noon.

## Pima Comm. Dental Clinic | 206-529-6677

9709 3rd Ave NE, Seattle  
M-Th: 8am-5pm.; F: 8am-3pm  
**Hours vary per semester; call ahead.**  
Provides lower-cost dental care at a student teaching facility.

## Public Health Centers

### Columbia City | 206-263-1505

4400 37th Ave S, Seattle  
M-F: 8am-5pm  
Provides dental care for low-income adults and children ages 1-18 years old.

### Belltown | 206-477-8300

2124 4th Ave, Seattle  
M-F: 8am-5pm  
Provides care for those who are homeless, ages 13 and older.

## Public Health in Seattle & King County at North Seattle Dental Clinic | 206-205-8580

12359 Lake City Way NE, Seattle, 98125  
M-F, 8am-5pm; closed for lunch, 11:45am-12:45pm.  
Provides general dental care services for children ages 1-18 and low-income adults.

## Providence ElderPlace

Offers comprehensive primary care, case management and chore services for those ages 55 years and older, along with a day health center and provision of medical equipment.

## West Seattle | 206-320-5325

4831 35th Ave SW, Seattle, 98126  
M-F, 8am-5pm.

## South Seattle | 206-320-5325

4515 Martin Luther King Jr Way S, Seattle, 98108  
M-F, 8am-5pm.

## HealthPoint's Tukwila Clinic | 206-839-3600

13030 Military Road S, Seattle, 98168  
M-F, 7:15am-5:30pm; Sa, 7:45am-12:15pm.  
Offers routine and preventive dental care, extractions, fillings and root canals for adults and children. Emergency walk-in dental appointments are available daily as scheduling permits

## Public Health - Seattle & King County's Access & Outreach | 800-756-5437

401 5th Ave, Seattle, 98104  
M-F, 8am-5pm.  
Provides dental services for one year for adults who are not eligible for Washington Apple Health/Medicaid due to citizenship status. Services include cleaning, extractions, x-rays, fillings, routine exams and fluoride application.

## Helpful tips for using this brochure :

- **Call before you go**  
Call to confirm times, services, and requirements
- **Brochures are updated every three months**  
Download updated versions:  
[crisisconnections.org](http://crisisconnections.org)

## Seattle Roots Community Health's Dental Clinic | 06-299-1611

510 19th Ave E, Seattle, 98112  
M-F, 8am-5pm.  
Offers comprehensive dental care for all ages including fillings, crowns and dentures, extractions and emergency dental care. Patients must be uninsured or on Medicaid.

# NEEDLE EXCHANGE

## Capitol Hill Needle Exchange | 206-263-2000

1161 11th Ave, Robert Clewis Center 2, Seattle  
Tu-Sa: 6:30pm-8:30pm  
Provides new sterile syringes in exchange for used ones. Also distributes clean injection supplies and sexual safety items.

## People's Harm Reduction Alliance

4547 Brooklyn Ave NE, Seattle  
Tu, Th: 5-7pm; F, Su: 1-5pm  
Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation. Overdose prevention training and naloxone. Provides same day suboxone induction. Visit in person.

## Public Health @ Robert Clewis Center | 206-214-6040

2124 4th Ave, Seattle  
M: 1-5pm; W, F: 9am-4:30pm  
Coordinates a needle exchange program in So. King Co. Call to schedule an exchange. Staff meets people at an agreed upon location. Harm reduction information and referrals to resources.

## Hepatitis Education Project | 206-732-0311

1621 S Jackson St, Seattle, 98144  
M-Th 12:30-5:30pm.  
Operates a syringe services program and low-barrier buprenorphine treatment. Provides free, sterile harm reduction supplies, naloxone, infectious disease testing and

# HEALTH INSURANCE

## Public Health | 800-756-5437

401 5th Ave, Suite 1000, Seattle  
M-F: 8am-6pm, **by phone.**  
Provides telephone referral to low-cost health providers through the Community Health Access Program (CHAP).

## Apple Health | 855-923-4633

<http://www.wahealthplanfinder.org>  
M-F: 7:30am-5:30pm, **by phone.**  
Provides medical benefits for adults with income below 138% of the Federal Poverty Level (FPL), and for children in families with income up to 300% of the FPL. Coverage includes primary care, substance abuse care, and mental health care. Enrollment is ongoing and never closes.