



Mission

To foster resilience and well-being for all by connecting people to accessible and compassionate support.

Values

Accountability: We meet commitments and take personal responsibility. We are committed to making fiscally responsible decisions.

Collaboration: We build trustworthy partnerships. We work together to meet shared objectives and create effective solutions.

Continuous Improvement: We achieve results by identifying challenges and embracing opportunities for improvement and learning.

Diversity, Equity, Inclusion & Belonging: We welcome all, embrace diversity, and foster belonging. We believe our employees and volunteers should feel respected and included. We share power, work to repair past inequity, and listen and learn from each other.

Respect: We treat everyone with dignity and empathy.

Reach Across the State

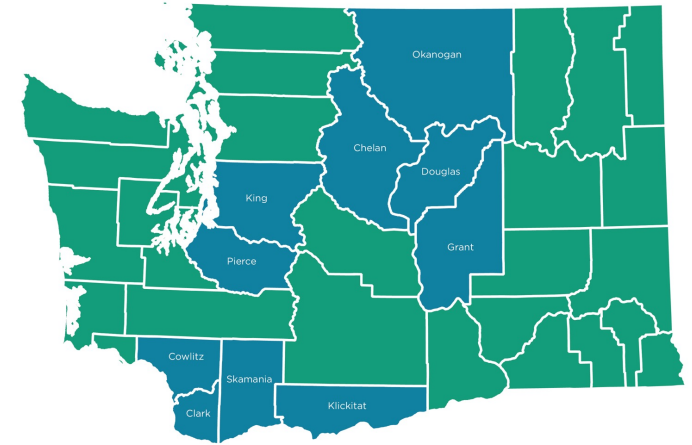
Statewide



Regional



King County



Total calls, emails, chats, training participants, and database uses



Callers helped with emotional and mental health challenges



People we helped with basic needs resources



Callers needing support and resources for substance use



Calls from first responders and professionals seeking support and resources for their clients



Total Revenue \$14.33m

Government Grants 74%
Other Contracts & Grants 21%
Contributions 4%
Program Services Fees 1%
Interest/Rewards Income <1%
In-Kind <1%

Total Expenses \$14.19m

Program 84%
Administration 13%
Fundraising 3%



Referrals to lifesaving resources provided to people



Use of trusted resource databases for recovery, youth support, and basic needs



People reached through outreach and education events



Youth who reached out for support and resources



Top Met Needs 2022

